



ADAMS  
DENTAL

## **Botox & Fillers**

“ Facial treatments that will  
make you smile”





## About Dr Ricky Adams

### What qualifications does my injector have?

Dr Ricky Adams BDS, CHt is a fully qualified dental surgeon and as such understands the anatomy of the head very well and is an experienced injector.

Ricky is fully qualified and insured in the advanced uses of botox and dermal fillers throughout the UK, he is also a member to IAAFA (International Academy for Advanced Facial Aesthetics) and was highly commended in the 2010 Smile Awards for his work in the field of **facial aesthetics**.

“I recently had Juvederm lip fillers at the Adams Dental Practice, a pain free experience with I would highly recommend to anybody as the staff make you feel extremely welcome and after care was excellent! “

Jodie, London

“We’ve found that over the years these treatments have really complimented our cosmetic dentistry range very well, and are a **safe** and **effective** way of creating great results almost instantly. I think patients feel very safe and comfortable having their treatment done here with people they trust in a clinical and safe setting which has been trusted for over 30 years. “

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## Prices

### **BTX** (*wrinkle reducing injections*)

1 area	£150
2 areas	£200
3 areas	£250
Hyperhydrosis Treatment	£500

### **Dermal Fillers**

0.5ml Syringe	£150
1ml Syringe	£210

### **Vital treatments** (*vital*)

One treatment	£200
Course of 3	£550

Prices correct as of January 2011, prices may be subject to change, full written quotation given before treatment please ask staff for more details

For more information please visit our website,  
[www.adamsdental.co.uk](http://www.adamsdental.co.uk)

## **More Smiles, Fewer Lines !**

### **Wrinkle reducing Injections Botulinum Toxin (BTX)**

(Botox®, Vistabel®, Allure®, Dyport®)

BTX is a safe non-surgical treatment, which involves the injection of Botulinum toxin into specific facial muscles, relaxing them and effectively improving the appearance of fine lines and wrinkles that are caused by the movement and over-expression of these muscles.

The procedure is virtually painless and takes about 10 minutes.

### **What is Botox and how can it help?**

Dynamic lines and wrinkles in the skin form over time, partly as the result of muscle activity and are more pronounced when the muscles are active and moving. The idea behind treatment is to reduce this muscle activity, which in turn reduces the appearance of these lines, giving an overall softer smoother appearance to the skin

### **Brow raising and shaping**

Some muscles raise the brow and some lower it, by carefully selecting where the BTX treatments are placed and in what amount, we can slightly raise and also re-contour their general shape, giving a more youthful attractive look.

## Commonly Treated Areas

### Eyes (*Smile lines/crow's feet*)



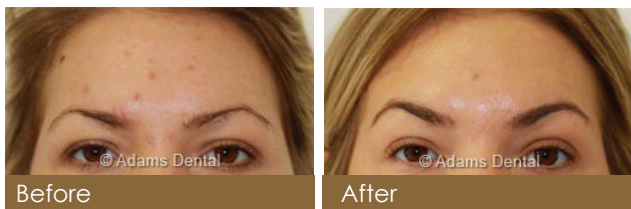
BTX is a great way of treating these fine lines which appear at the sides of the eyes when we smile, as you can see this can produce a very natural looking and smooth result without restricting your smile !

### Frown Lines (*worry lines/anger lines*)



Frown lines in between the brow are often more pronounced when we are stressed, and can even contribute to tension headaches. These areas are very quickly and easily treated by BTX and sometimes also Dermal Fillers.

### Eyebrow Raising & Shaping



This treatment can be used along side the treatments of other areas of the face and is a great way of subtly lifting and shaping the brow for a more youthful and attractive overall appearance.

For more information please visit our website,  
[www.adamsdental.co.uk](http://www.adamsdental.co.uk)

# Excessive Sweating

## “Regain your confidence in 1 session”

Hyperhydrosis, or excessive sweating, is a common disorder which produces a lot of unhappiness. It most commonly affects the **underarm areas** as well as **palms of the hand** and **soles of the feet**.

Excessive sweating can be an embarrassing condition which can affect personal relationships and complicate business and social interactions due to its negative effect on self-confidence.

BTX is a fast, safe and effective treatment for this condition. Results are seen within a week of your first session.

### **How does the treatment of excessive sweating work?**

BTX binds to the nerves that controls sweating in the skin, and reduces sweating in the area for 6 -12 months.

### **Is it painful?**

Only very slight discomfort may be felt if this procedure is done properly. The area is numbed with a special cream first and the BTX is placed very superficially which helps to make it a comfortable treatment.

### **Can this treatment be used to reduce sweating on other areas?**

Yes, BTX treatments for sweating can be used in exactly the same manner for other areas such as palms of the hand and soles of the feet.

## **BTX FAQ'S**

### **When will I see results from my Botox treatment?**

Within two to three days, you may see a marked improvement in frown lines between your brows. However, the lines continue to soften for the next two weeks, and your skin appears smoother.

### **How long does treatment with Botox last?**

The results from treatment with Botox usually last for about three to four months. Should you wish to maintain a wrinkle-free look you can top up your treatment 3-4 times a year or whenever you feel you need it.

You'll find the more regularly you have the treatment the longer it will last and the less often it will need topping up!

### **Does treatment with Botox hurt?**

As the needle is so small, normally no anesthetic is needed at all and is similar to having a blood sugar test.

Should you prefer it, we are happy to provide numbing cream during your treatment.

### **Can anyone have BTX?**

Patients with certain medical conditions should avoid botox. This will be fully discussed during your consultation.

### **Will my facial expressions look natural after treatment?**

When done correctly the muscle activity is simply reduced, so you should still be able to show emotion, just without the wrinkles and creases in the affected area.

For more information please visit our website,  
[www.adamsdental.co.uk](http://www.adamsdental.co.uk)

## Years younger in just minutes! Dermal Fillers

Often with age, when skin naturally loses its elasticity; creases, folds and sagging may occur. This loss of volume can be replaced with the use of **Dermal Fillers**.

These are particularly useful for restoring shape and form to the cheeks and lips as well as treating nose to mouth lines.

*"We've chosen Restylane® and Juvederm® because of the extensive amount of clinical research that has been done on them, proving them to be safe and reliable. They are both based on Hyaluronic Acid which occurs naturally in the body and is broken down gradually over time. "*

**Dr Ricky Adams BDS, CHD**



Before

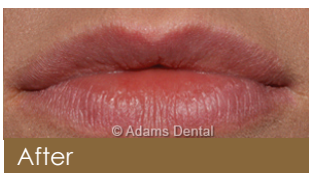
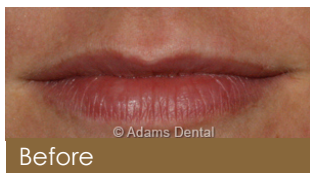


After

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## Commonly Treated Areas

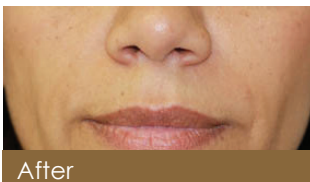
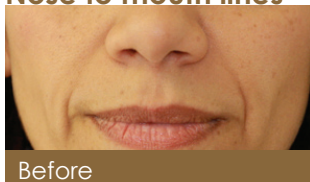
### Lips



Enhancing the shape or fullness of lips can transform a person's whole look as well as enhancing their smile.

This can range from simply adding definition to producing full glamorous lips.

### Nose to mouth lines

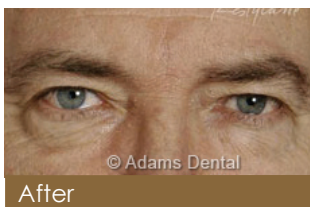
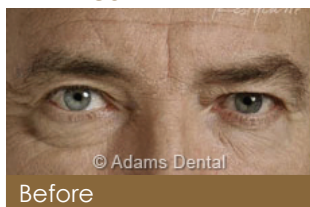


These deep creases running from the corners of the mouth to the corners of the nose are one of the most aging features of the face.

They can often make people look much older than they are, as well as looking tired and run down.

Dermal Fillers in this area replenish the lost volume and smooth out the unsightly lines giving a more youthful energised look.

### Wrinkles



Dermal Fillers are also an excellent option for treating wrinkles, lines and creases. By replacing lost volume in the skin through products such as Restylane® which can smooth, soften and eliminate wrinkles this can also be used along side BTX treatments.

## The Vital Range

*When your skin feels rejuvenated, so do you !*

Restylane Vital® replenishes your skin, improving its elasticity and tone and creating a naturally **fresh** and **youthful** appearance. Restylane Vital® is a natural beauty treatment that gently replenishes hyaluronic acid, reversing the 'tell-tale' signs of ageing.

***“Vital” can be used in all skin areas that ‘give away’ your age: These include your face, as well as your neck, décolletage and the backs of your hands.”***

By injecting small amounts of this filler in these areas it creates an overall deep hydrating effect on the skin, regardless of whether your skin is dry or oily. Because Restylane Vital releases hyaluronic acid gradually over a period of time, the benefits of this treatment generally last for several months.

There are no restrictions as to how often you can receive treatment. In fact, you can repeat treatment with Restylane Vital as often as you feel is necessary, so that you always look and feel your very best. We will discuss what we feel is best for you during your consultation.



Before



After

Restylane is a trademark owned by Q-Med AB

For more information please visit our website,  
[www.adamsdental.co.uk](http://www.adamsdental.co.uk)

# Dermal Fillers FAQ'S

## What is a Dermal filler?

Dermal Fillers are used to replace the lost volume of skin that occurs over time. It is also used for sculpting, i.e. lip and cheek augmentation. The products we use are based on hyaluronic acid which occurs naturally in the body and is broken down gradually over time.

## What is hyaluronic acid?

Hyaluronic acid is a sugar molecule that exists naturally in almost all living organisms. It binds water and can act as a lubricant and shock absorber in movable parts of the body such as joints. It is also important for the transport of nutrients and in regulating water balance in skin.

## Is the treatment painful?

No, the treatment should not be painful at all. We will always use a form of anaesthetic. Either a numbing cream or a local anaesthetic dental block is given. We will recommend which we feel is best for you during your consultation.

## How long do these dermal filler treatment last?

After the initial treatment, follow-up sessions are normally recommended around every 6 to 12 months depending on the individual and the treatment. A treatment of the lips lasts about 6 months.

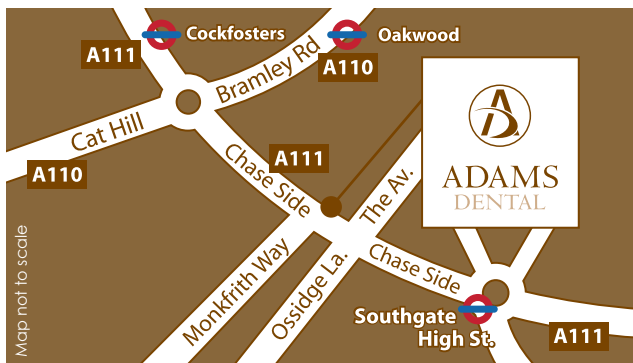
## Will it look natural?

We always take the time to fully assess our patients and to understand and meet their expectations and desired outcome. Most patients are concerned about looking like they've had treatment and we take great pride in producing great results that look very natural.

## Why choose us?

Our award winning dental surgeons are highly trained in this field and are fully insured and qualified to provide facial aesthetics treatments throughout the UK so you know you're in good hands.

For more information please visit our website,  
[www.adamsdental.co.uk](http://www.adamsdental.co.uk)



### Parking

There is allocated private patient parking directly outside the surgery as well as ample public parking nearby.

Call today for your  
FREE consultation on  
**0844 375 6100**  
or online at  
**[www.adamsdental.co.uk](http://www.adamsdental.co.uk)**

Discover facial treatments  
that will make you smile !

### Opening Hours

Monday to Friday 9am - 6pm  
Monday & Wednesday 2pm – 8.30pm  
Saturday 10am - 1pm



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